



MARSHALLWHITE

Tuesday, 9th February 2016

To whom it may concern,

We had the pleasure of having Justin Moran from Just In Time Personal Training present to our entire staff on Wednesday August 26, 2015.

He delivered a very extensive and professional presentation on the topic of "Ways to get active, keep active and remain active long-term".

It was presented in a very engaging manner and provided many clear and concise strategies for all of our team to walk away with some ways in which they could practically apply the principles presented to their personal circumstance.

The content and delivery was first class and the feedback from our collective team was extremely positive.

I couldn't recommend him any more for your workplace or any public speaking role on the topic of health, fitness and well-being as it is clear to see he not only knows what he is talking about but also delivers it in a very confident, engaging and empathetic manner.

Yours faithfully
Marshall White

James Redfern
Director, Licensed Estate Agent

Direct 9832 4720
Mobile 0412 360 667
Email james.redfern@marshallwhite.com.au

P 9822 9999 F 9824 4897

Bayside
225 Bay Street
Brighton 3186

Boroondara
801 Glenferrie Road
Hawthorn 3122

Port Phillip
101 Dundas Place
Albert Park 3206

Stonnington
1111 High Street
Armada 3143